



TENAFLY RECREATION
100 RIVEREDGE RD.
TENAFLY, NJ 07670
201-871-3008



JR. WRESTLING
2009 - 2010

DATE	DAY	TIME	SITE	OPPONENT
January 9	Saturday	8:30 a.m.	@ River Dell	River Dell / Ft. Lee Ridgewood
January 16	Saturday	8:30 a.m.	@ Hasbrouck Heights	H. Heights / North Bergen
January 23	Saturday	9:00 a.m.	HOME	Midland Park / Waldwick Woodcliff Lake / Montvale
January 24	Sunday	8:30 a.m.	@ Indian Hills H.S.	TOURNAMENT
January 30	Saturday	8:00 a.m.	@ Pascack Valley	Pascack Valley / N. Highlands Northern Valley
January 31	Sunday	3:00 p.m.	Columbia University - Trip	Bucknell vs. Columbia
February 5	Friday	6:00 p.m.	HOME	Teaneck
February 6	Saturday	9:00 a.m.	HOME	Bergenfield / Hawthorne Union City
February 13	Saturday	8:30 a.m.	@ Garfield	Garfield / Cresskill / Ft. Lee East Rutherford / Rutherford
February 21	Sunday	8:30 a.m.	@ Westwood	DISTRICT TOURNAMENT